

# NON-kontrast MR-Angiografi

Yousef W. Nielsen  
1.reservelæge, PhD  
Radiologisk Afdeling X  
Herlev Hospital

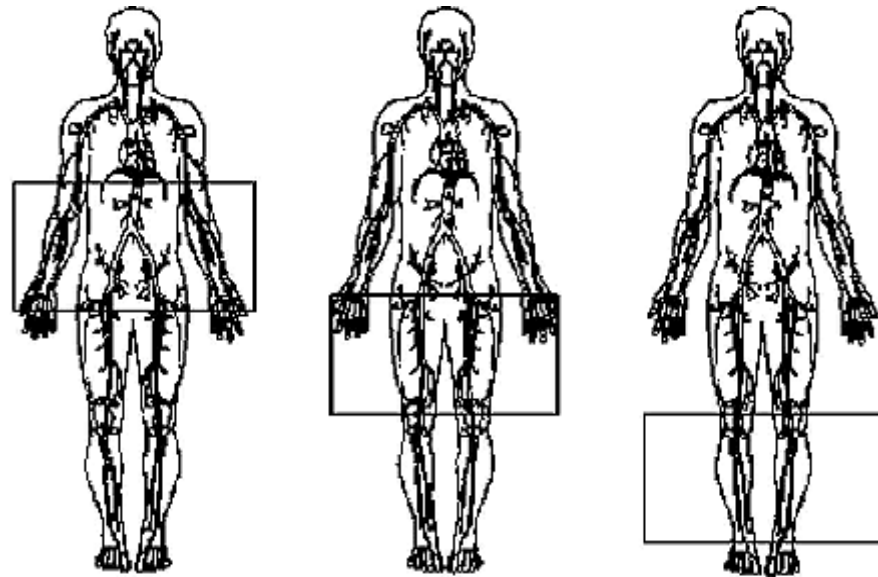


DFIR Årsmøde 2013  
Korsør

# CE-MRA

- Først beskrevet i 1994
- Robust metode
  - Perifer MRA                      Sens. 0.95   Spec. 0.96   (Ann Intern Med 2010;153:325-34)
  - Nyre-arterier                      Sens. 0.97   Spec. 0.93   (Clin Radiol 2002;57:617-24)
  - Carotis MRA                      Sens. 0.94   Spec. 0.93   (Eur Radiol 2009;19:2204-16)
- Teknologisk udvikling over de seneste 20 år
  - Gradienter
  - Parallel billedannelse
  - Høj-felt MR-skannere

# CE-MRA

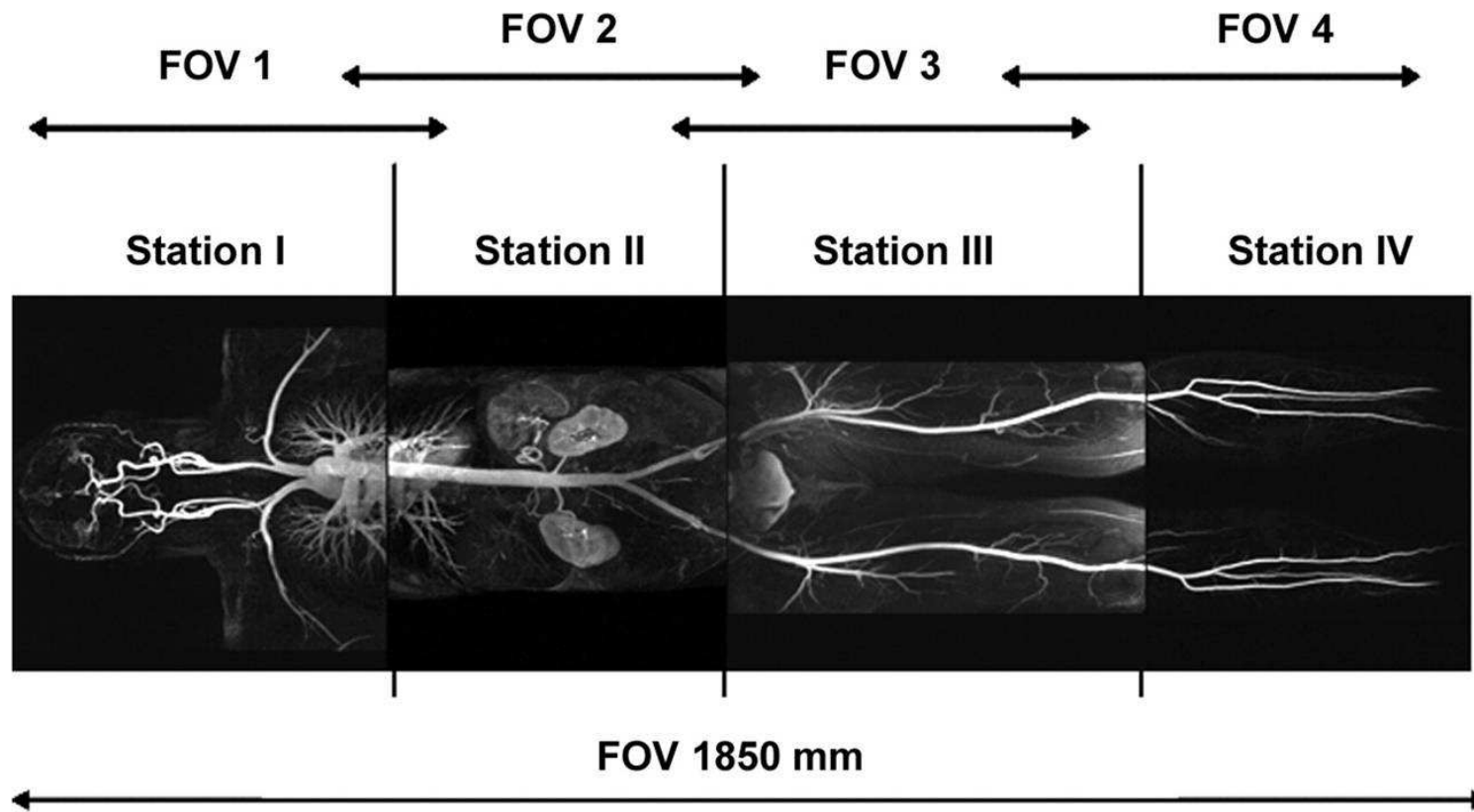


Station 1

Station 2

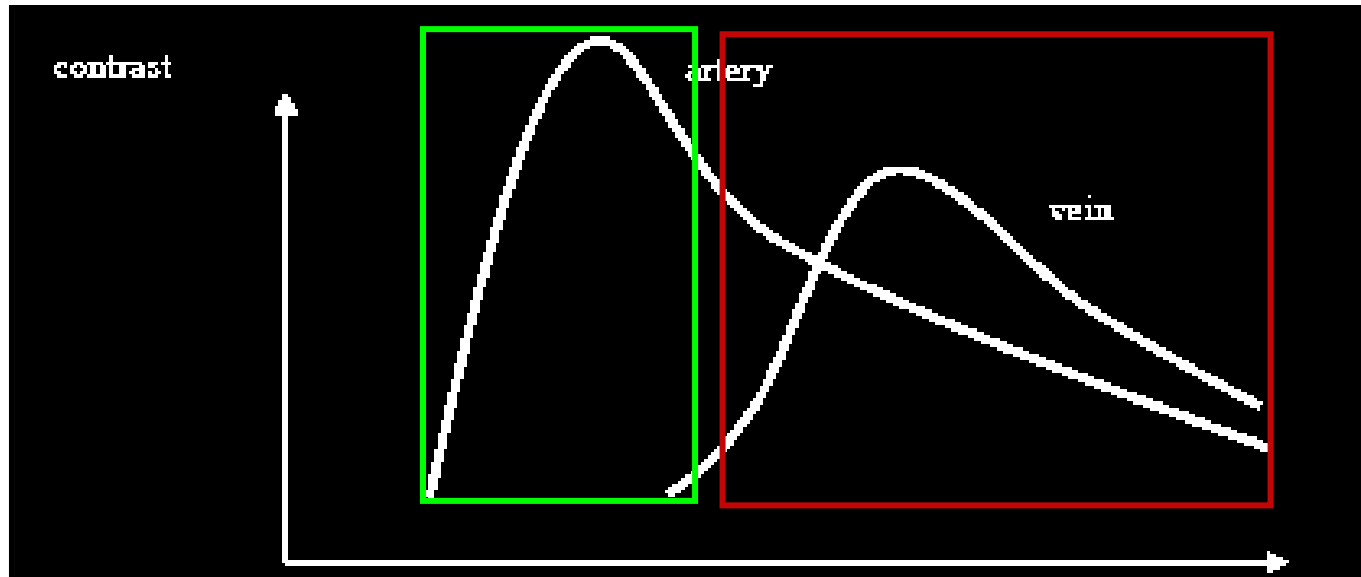
Station 3

# CE-MRA



# CE-MRA

Scanning i arteriel fase



# CE-MRA

## Kontrast til MRA

Typisk dosis: 0.1 mmol/kg (single dose)

Tidligere: 0.2-0.3 mmol/kg (double- og triple dose)

## Risiko for Nefrogen Systemisk Fibrose

Mindst stabile Gd-baserede MR-kontraststoffer

(Omniscan, Magnevist, Optimark)

Nedsat nyrefunktion

# Non-kontrast MRA

## Fordele

Ingen brug for kontrast  
Nyrefunktion  
Multiple scanninger  
(Økonomi)

## Ulemper

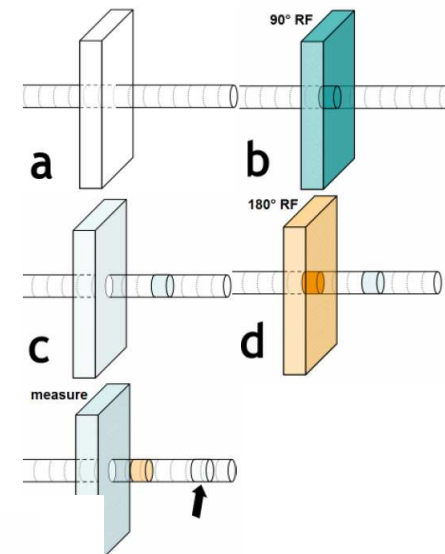
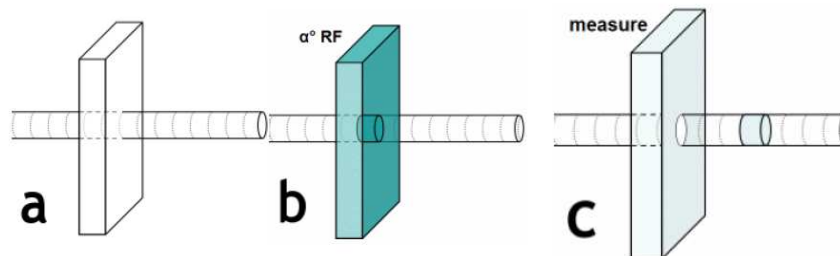
Teknisk udfordrende  
Forskellige teknikker nødvendige  
Problematisk ved arrytmier

# Non-kontrast MRA

## Signalet afhænger af MR-sekvens

Spin echo (SE): Lavt signal (flow void)

Gradient echo (GRE) Højt signal



Signal loss in SE images. (a) initial state, (b) excitation pulse, (c) excited blood leaves the slice, (d) 180° pulse which has left the slice does not receive the slice-selective 180° pulse, (e) no signal is returned (M<sub>xy</sub> of the blood has decayed away).



# Non-kontrast MRA-teknikker

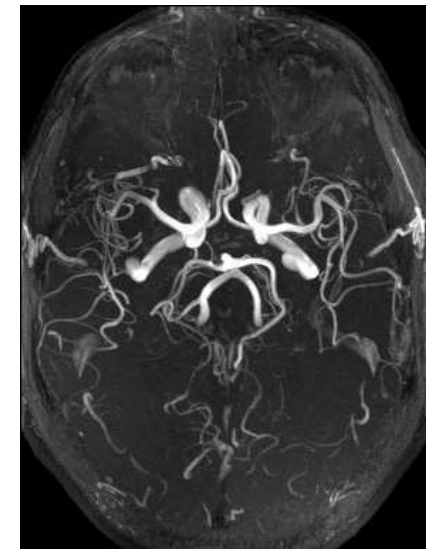
## Nyere

- Subtraktion
- bSSFP-baseret MRA



## Konventionelle

- TOF
- Phase-contrast



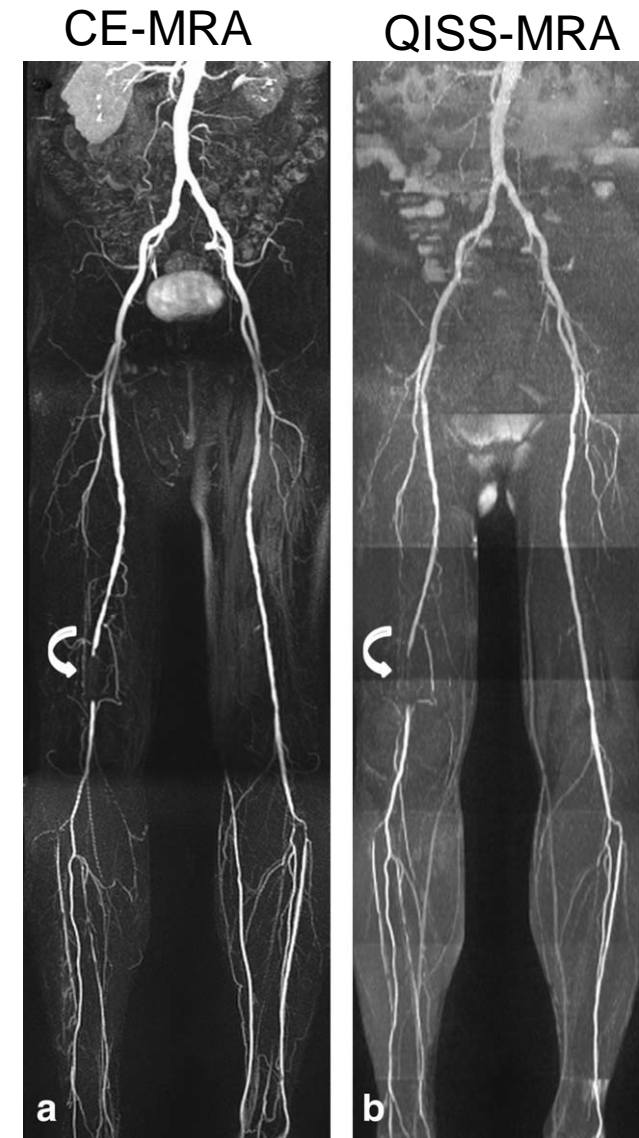
# Non-kontrast MRA-teknikker

## Subtraktion

- EKG-gated FSE-MRA

## bSSFP

- Tagging-teknik
- QISS
- Coronar MRA



# EKG-gated FSE MRA

## Princip

Subtraktions-teknik

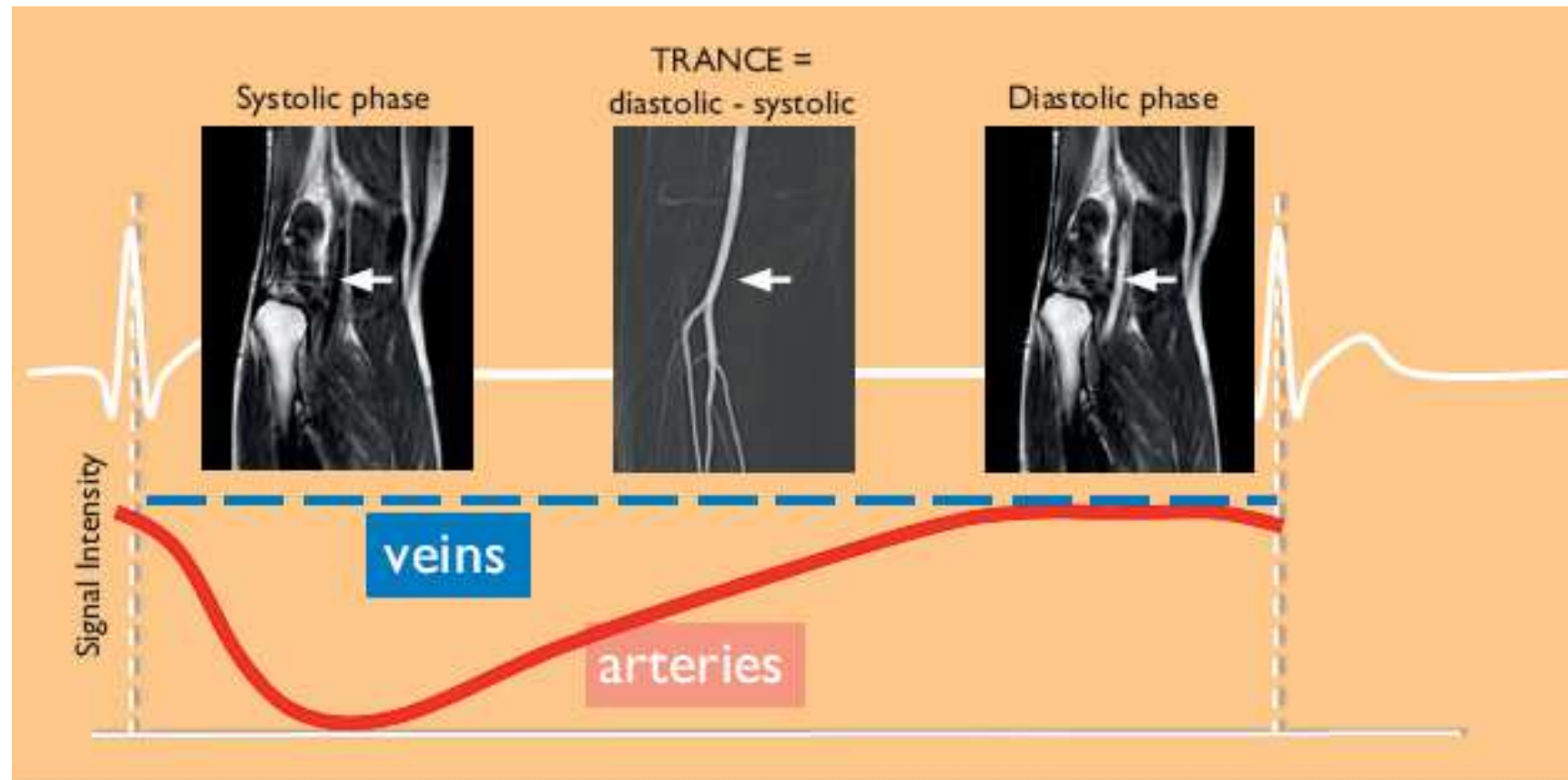
Udnytter forskellen mellem signal i diastole og systole

Kan både udføres som 2D og 3D teknik

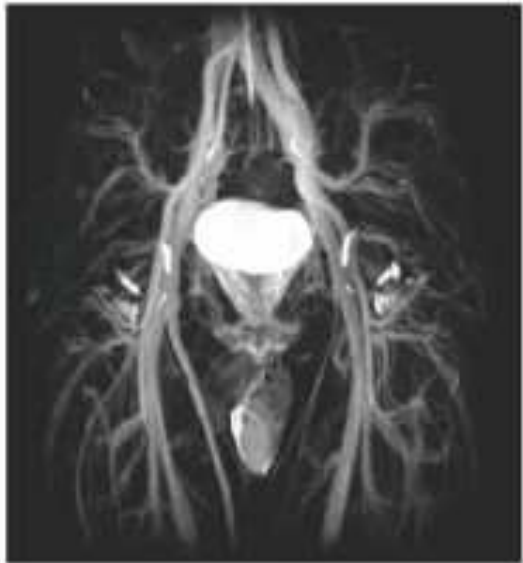
Kræver EKG- eller perifer puls gating

Metoden er tilgængelig til klinisk brug  
(TRANCE, native SPACE, FBI, 3D delta flow)

# EKG-gated FSE MRA



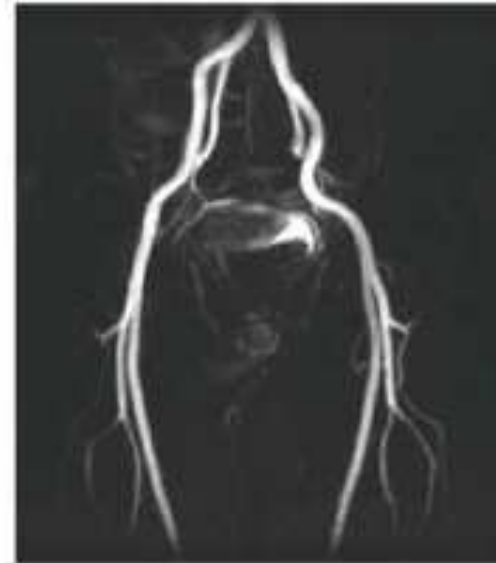
# EKG-gated FSE MRA



Diastole (A+V)



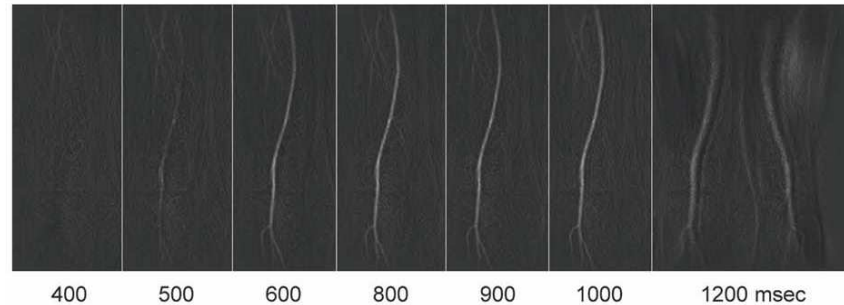
Systole (V)



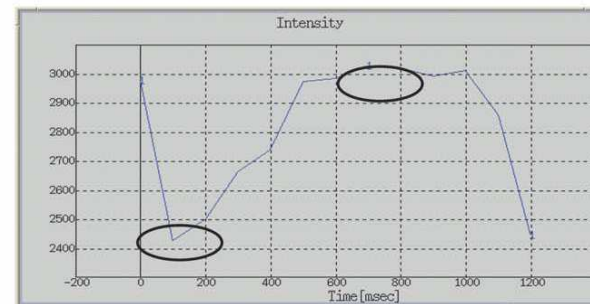
Subtraktion MIP  
(A+V)-V=A

# EKG-gated FSE MRA

## Trigger delays



Subtraherede  
EKG-prep billeder

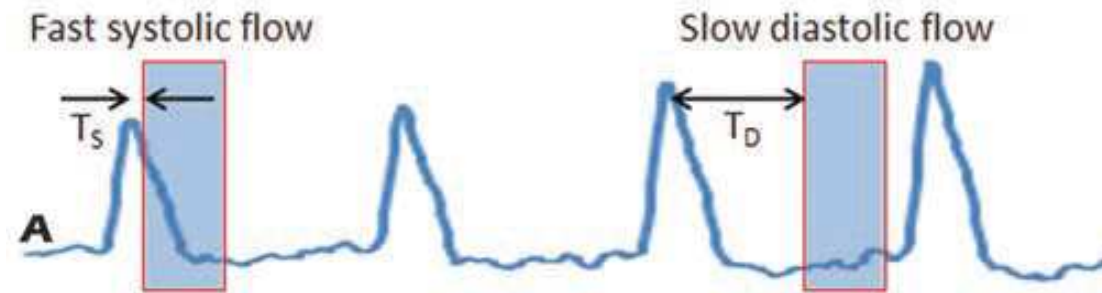


Systole

Diastole

# EKG-gated FSE MRA

## Trigger delays



# EKG-gated FSE MRA

## Applikationer

- Perifer MRA
- Thoraco-abdominal MRA
- MR Venografi



# EKG-gated FSE MRA

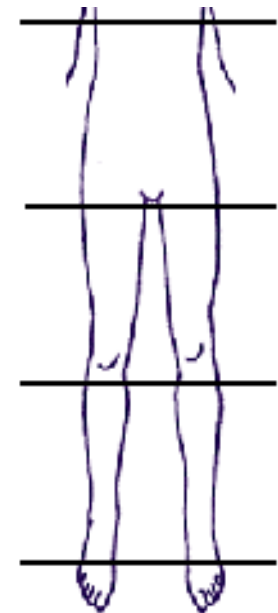
## Perifer MRA

Skantid 10-12 minutter (3 stationer)

Anvendelse af specielle flow spoiler gradienter

Fremmer forskellen mellem diastole og systole  
Hurtigere defasing → accentureret flow void i systole

Fat-sat (STIR)



# EKG-gated FSE MRA

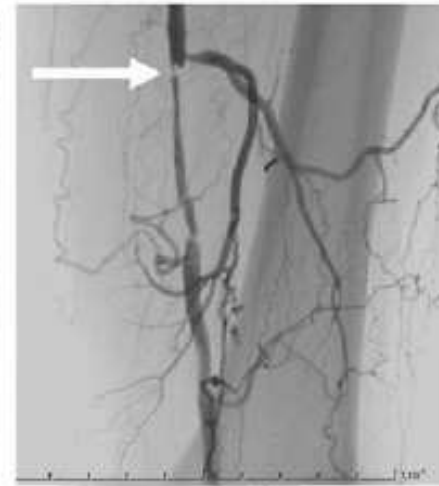
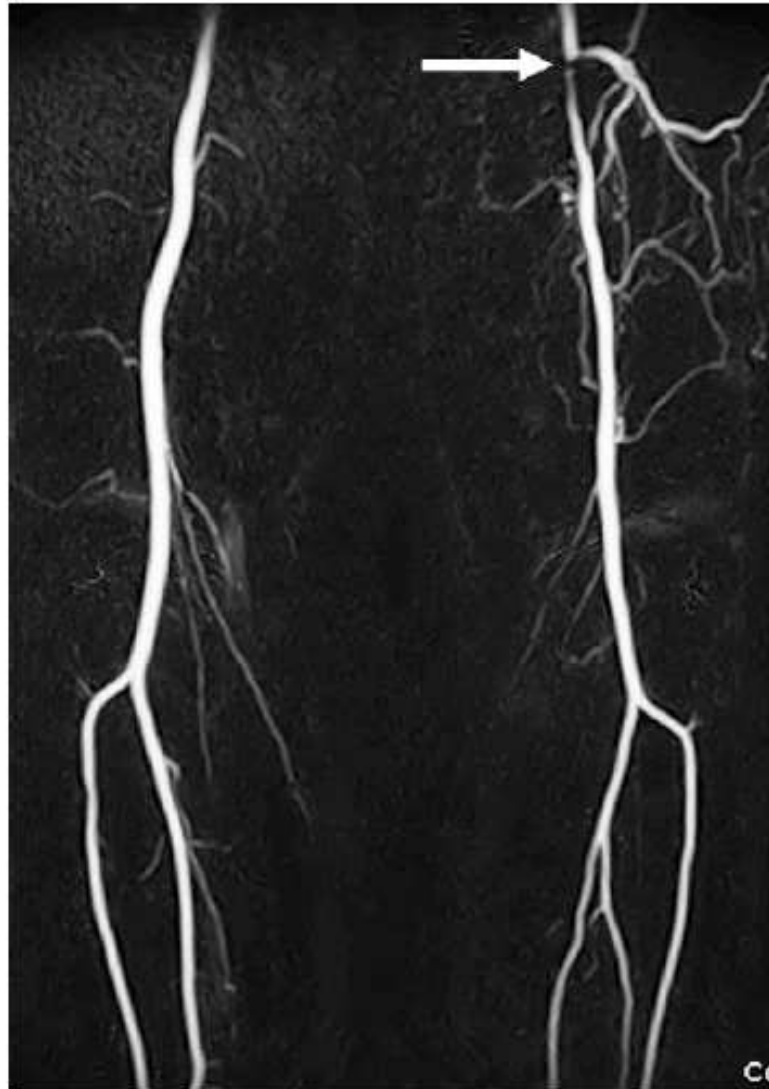
Non-kontrast



CTA



# EKG-gated FSE MRA



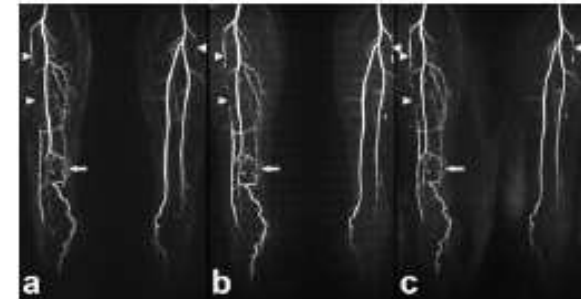
# EKG-gated FSE MRA

JOURNAL OF MAGNETIC RESONANCE IMAGING 28:181-189 (2008)

Original Research

## 3D Nongadolinium-Enhanced ECG-Gated MRA of the Distal Lower Extremities: Preliminary Clinical Experience

Ruth P. Lim, MBBS, MMed, FRANZCR,<sup>1\*</sup> Elizabeth M. Hecht, MD,<sup>1</sup> Jian Xu, BS,<sup>2</sup>  
James S. Babb, PhD,<sup>1</sup> Niels Oesingmann, PhD,<sup>2</sup> Samson Wong, MD,<sup>1</sup>  
Bart E. Muhs, MD, PhD,<sup>3</sup> Paul Gagne, MD,<sup>3</sup> and Vivian S. Lee, MD, PhD, MBA<sup>1</sup>



36 patienter

24 claudicatio, 7 kritisk iskæmi, 2 distal emboli, 4 andet

Reference metode: CE-MRA (inkl. time-resolved)

Resultater

Sens. 0.85 Spec. 0.76 Interobservatør Kappa 0.70

Betydende artefakter hos 17/36 patienter

# EKG-gated FSE MRA

Eur Radiol (2011) 21:1979–1987  
DOI 10.1007/s00330-011-2132-4

MAGNETIC RESONANCE

## ECG-Triggered Non-Contrast-Enhanced MR Angiography (TRANCE) versus Digital Subtraction Angiography (DSA) in patients with peripheral arterial occlusive disease of the lower extremities

Andreas Gutzeit · Reto Sutter · Johannes M. Froehlich · Justus E. Roos ·  
Thomas Sautter · Erik Schoch · Barbara Giger · Michael Wyss · Nicole Graf ·  
Constantin von Weymarn · Regula Jenelten · Christoph A. Binkert · Klaus Hergan

43 patienter (Fontaine IIa 21, IIb 21, IV 1)

Reference metode: DSA

Resultater

Sens. 0.86 Spec. 0.96

Non-diagnostiske segmenter: 1% femur, 10% crus, 30% fod

# EKG-gated FSE MRA

Eur Radiol (2011) 21:1452–1461  
DOI 10.1007/s00330-011-2063-0

MAGNETIC RESONANCE

## Magnetic resonance angiography (MRA) of the calf station at 3.0 T: intraindividual comparison of non-enhanced ECG-gated flow-dependent MRA, continuous table movement MRA and time-resolved MRA

Stefan Haneder · Ulrike L. Attenberger · Philipp Riffel ·  
Thomas Henzler · Stefan O. Schoenberg ·  
Henrik J. Michaely

37 patienter med PAD (Fontaine II-IV)

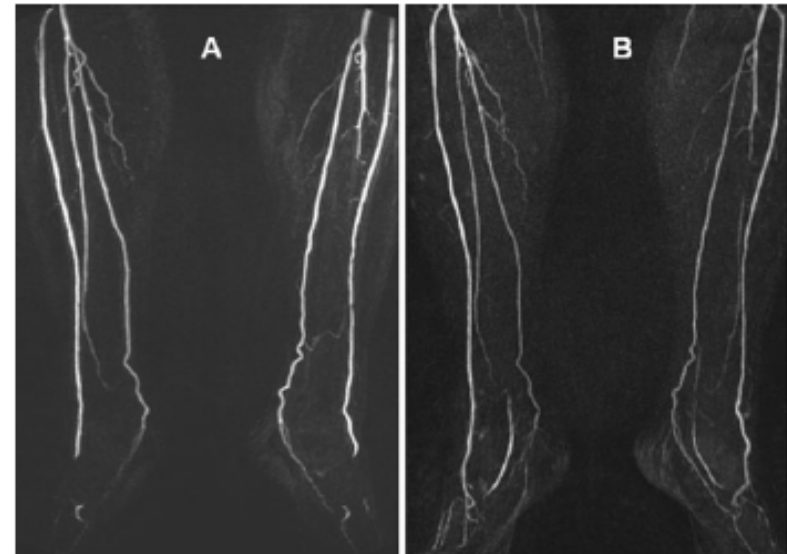
Referencemetode

CE-MRA (inkl. time-resolved)

Resultater

Sens. 1.00 Spec. 0.79

Betydende artefakter 19/37



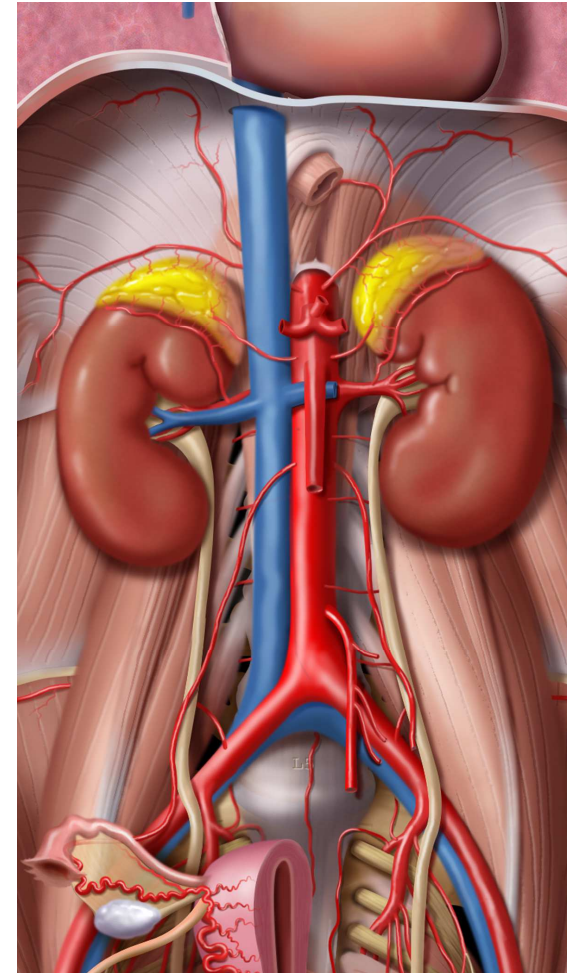
# EKG-gated FSE MRA

## Thoraco-abdominal MRA

Subtraktion ikke nødvendig

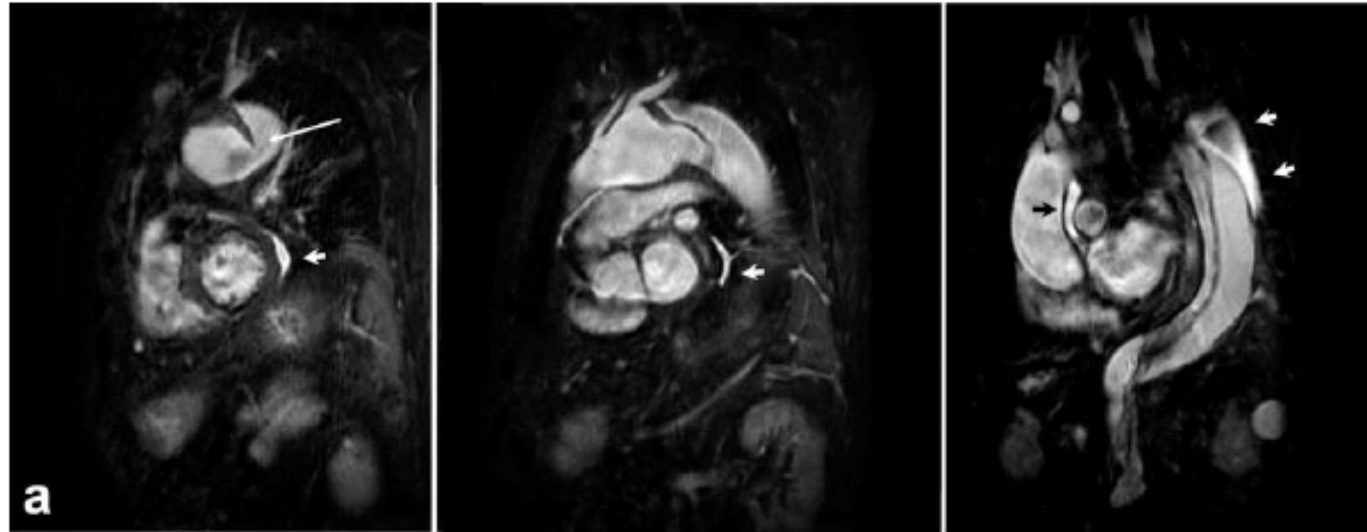
Spin-ekko sekvens er fordelagtig i thorax

Ikke så vel-undersøgt som perifer MRA



# EKG-gated FSE MRA

Non-contrast



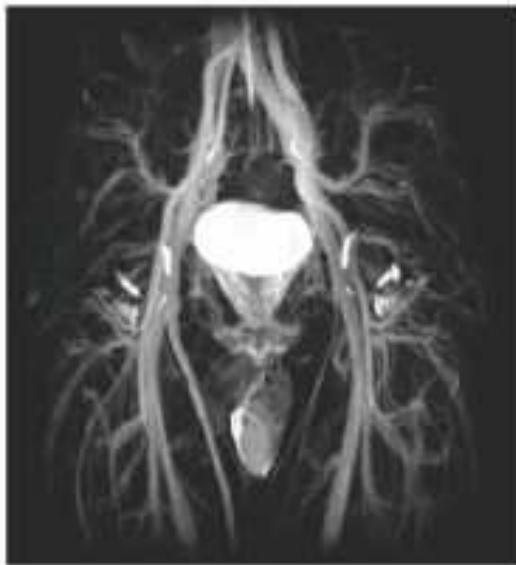
CE-MRA



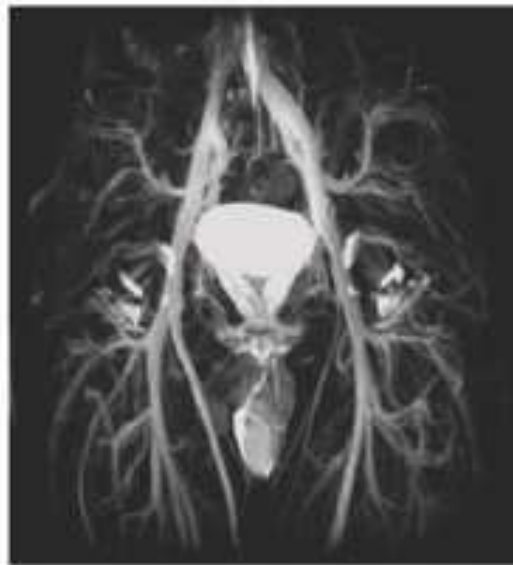


# EKG-gated FSE MRA

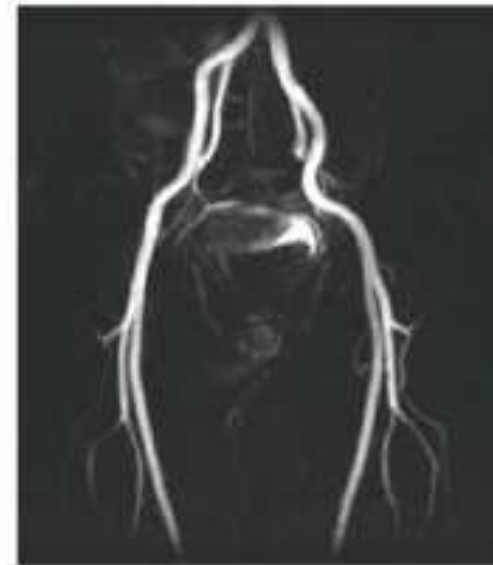
## MR-venografi



Diastole (A+V)



Systole (V)



Subtraktion MIP (A)

Diastole (A+V) – subtraktions MIP (A) → MR-venogram

# EKG-gated FSE MRA

## Fordele

- Robust
- Non-kontrast
- Spin-ekko påvirkes ikke af inhomogenitet i magnetfeltet

## Ulemper

- Arrytmier kan forstyrre EKG-synkronisering
- Relativ langsom metode
- Subtraktion følsom for bevægeartefakter
- Nøjagtig indstilling af trigger delays er påkrævet
- Overestimering af stenoser
  
- Ikke mange studier af patienter med kritisk iskæmi

# Non-kontrast MRA-teknikker

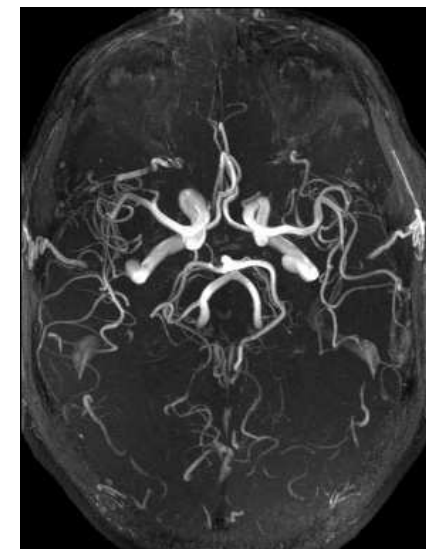
## Nyere

- Subtraktion
- bSSFP-baseret MRA



## Konventionelle

- TOF
- Phase-contrast

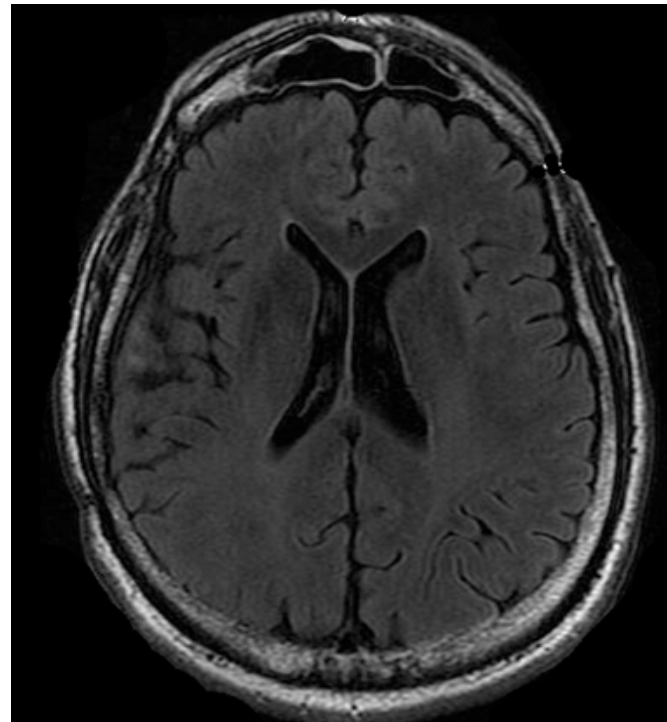


# bSSFP-baseret MRA

- Gradient echo MR sekvens
- T2/T1 kontrast
- Ulempe ved metoden: Højt signal fra arterier, vener og baggrund
- Modvirkes ved brug af inversions-pulse

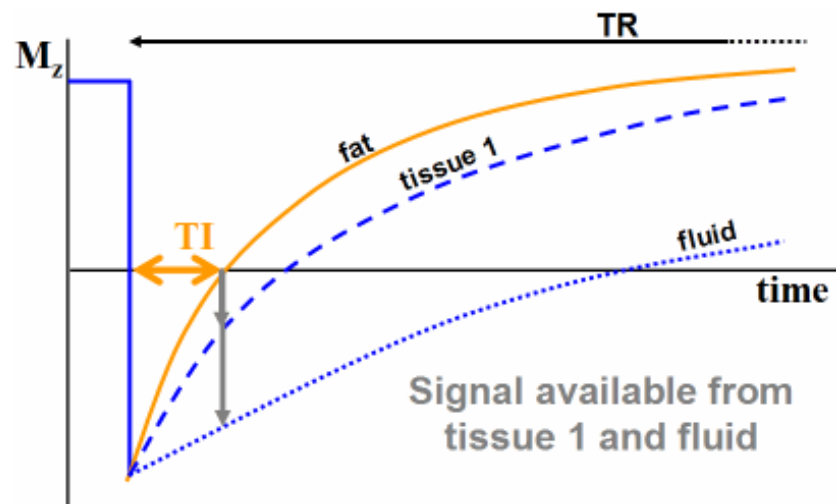
# Inversions-puls

- Meget udbredt MR-teknik til suppression af signal fra forskellige væv
- Eksempler: STIR (fat-sat) FLAIR (suppression af vand)

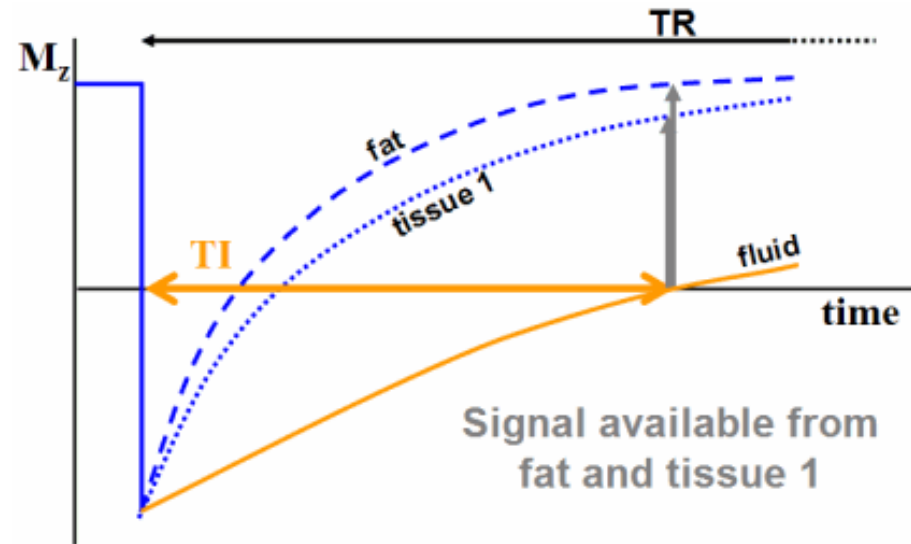


# Inversions-puls

STIR – fedt satureres

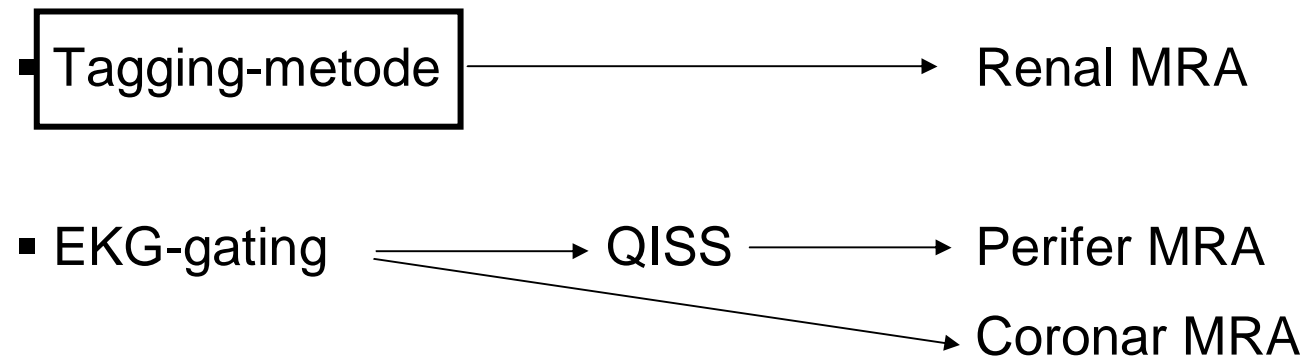


FLAIR – vand satureres



# bSSFP-baseret MRA

## Applikationer



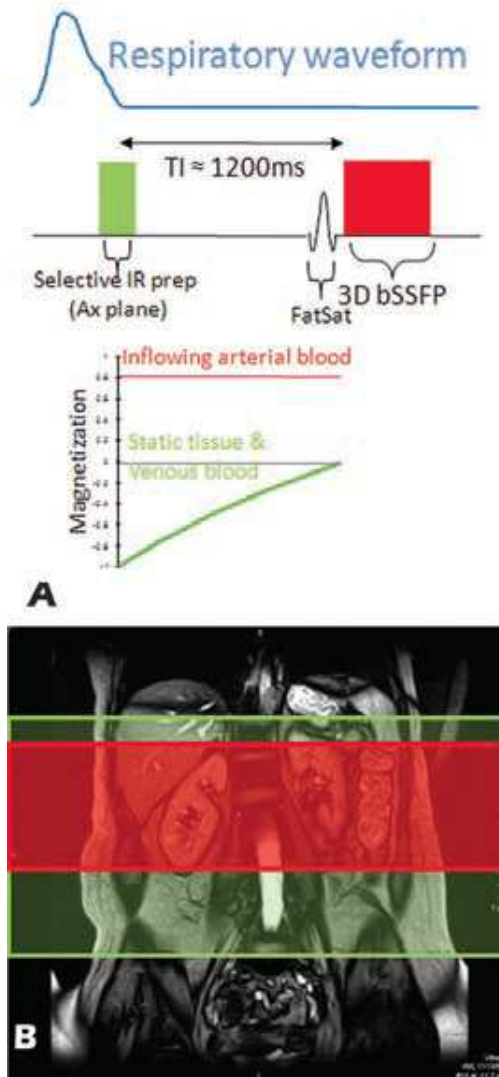
# Tagging MRA

## Princip

1. Inversions-puls
2. TI-periode (ca. 1200 ms for renal MRA)
3. Fat-sat
4. Scanning med bSSFP-sekvens

Anvender respirations-synkronisering

Scantid for renal MRA 2-4 min.

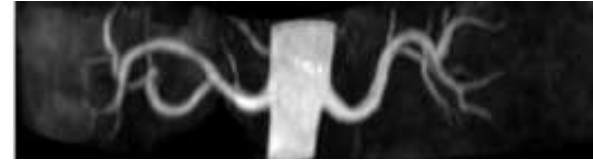




# Tagging MRA

## Renal Artery Assessment with Nonenhanced Steady-State Free Precession versus Contrast-enhanced MR Angiography<sup>1</sup>

Radiology



Radiology 2007;245:186-95

53 patienter (hypertension, mistanke om RAS)

Reference-metode

CE-MRA

Resultater

Sens. 0.95-1.00

Spec. 0.93-0.95

# Tagging MRA



Radiology 2007;245:186-95

# Tagging MRA

## Renal Artery Stenosis Evaluation in Chronic Kidney Disease

**Patients:** Nonenhanced Time-Spatial  
Labeling Inversion-Pulse Three-  
dimensional MR Angiography with  
Regulated Breathing versus DSA<sup>1</sup>

Radiology

Radiology 2011;259:592:601

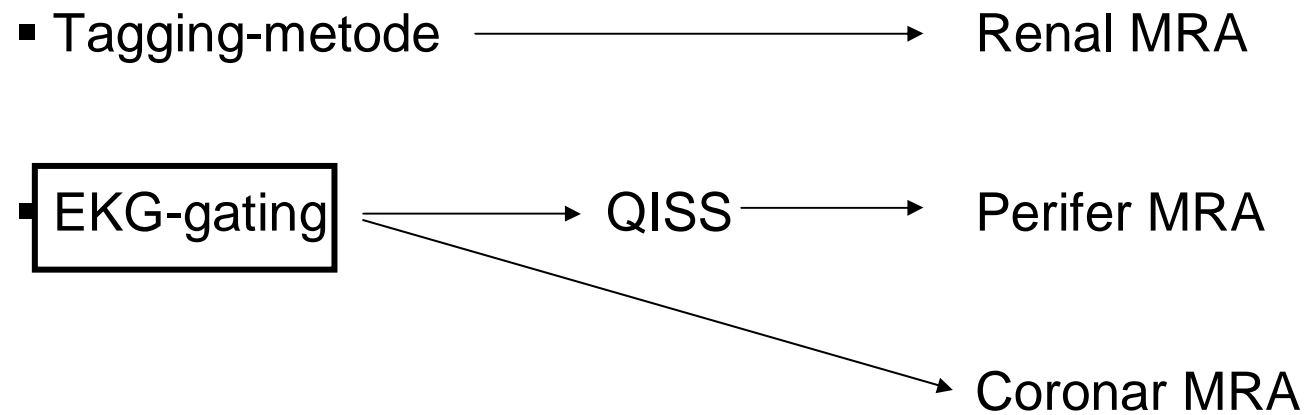
23 patienter (kendt RAS, planlagt DSA)

Sens. 0.93 Spec. 0.88

Diagnostisk kvalitet hos alle 23 patienter

# bSSFP-baseret MRA

## Applikationer



# QISS-MRA

- Nyere non-kontrast MRA-teknik
- Inflow-baseret
- EKG-gated
- Kun tilgængeligt hos Siemens

# QISS-MRA

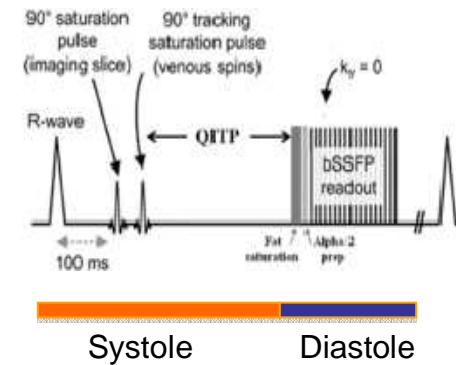
## Princip

Fjern baggrundssignal (saturation)

Fjern venesignal (saturation)

QI-periode – arterielt inflow

Scanning i diastole



**Original Research**

---

## **Comparison of Quiescent Inflow Single-Shot and Native Space for Nonenhanced Peripheral MR Angiography**

Emily V. Ward, MBChBAO,<sup>1,2</sup> Mauricio S. Galizia, MD,<sup>1,2</sup> Asad Usman, MD,<sup>2</sup>  
Andrada R. Popescu, MD,<sup>2</sup> Eugene Dunkle, RT (R) (MR),<sup>1</sup> and Robert R. Edelman, MD<sup>1\*</sup>

20 patienter (symptomgivende PAOD/abnormt ABI)

Referencemetode

CE-MRA (inkl. time-resolved)

Resultater

QISS:           Sens. 0.85      Spec. 0.96

FSE-MRA:      Sens. 0.87      Spec. 0.87

Non-diagnostiske segmenter:

QISS 0%

FSE-MRA 5%

# QISS-MRA



## Nonenhanced ECG-gated quiescent-interval single-shot MRA (QISS-MRA) of the lower extremities: Comparison with contrast-enhanced MRA

J. Klasen<sup>a</sup>, D. Blondin<sup>a,\*</sup>, P. Schmitt<sup>b</sup>, X. Bi<sup>c</sup>, R. Sansone<sup>d</sup>, H.-J. Wittsack<sup>a</sup>, P. Kröpil<sup>a</sup>, M. Quentin<sup>a</sup>, J. Kuhlemann<sup>a</sup>, F. Miese<sup>a</sup>, C. Heiss<sup>d</sup>, M. Kelm<sup>d</sup>, G. Antoch<sup>a</sup>, R.S. Lanzman<sup>a</sup>

27 patienter (PAOD)

Reference metode

CE-MRA

Resultater

Sens. 0.99 Spec. 0.96

Betydende artefakter i 2% af vurderede arterielle segmenter



CE-MRA

QISS-MRA



# QISS-MRA

**AJR**  
JOURNAL CLUB

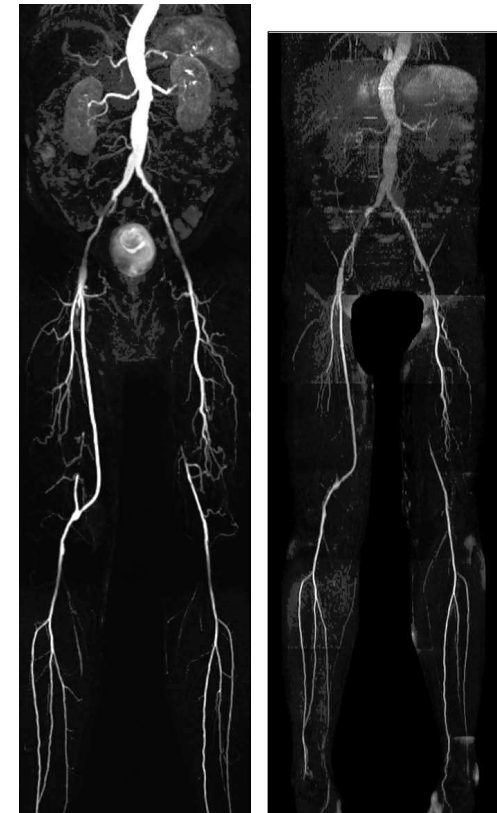
## Peripheral Arterial Disease in a Symptomatic Diabetic Population: Prospective Comparison of Rapid Unenhanced MR Angiography (MRA) With Contrast-Enhanced MRA

AJR 2011;197:1466-1473

25 patienter (PAOD)

Reference metode  
CE-MRA

Resultater  
Sens. 0.87 Spec. 0.97



CE-MRA

QISS-MRA

# Coronar MRA

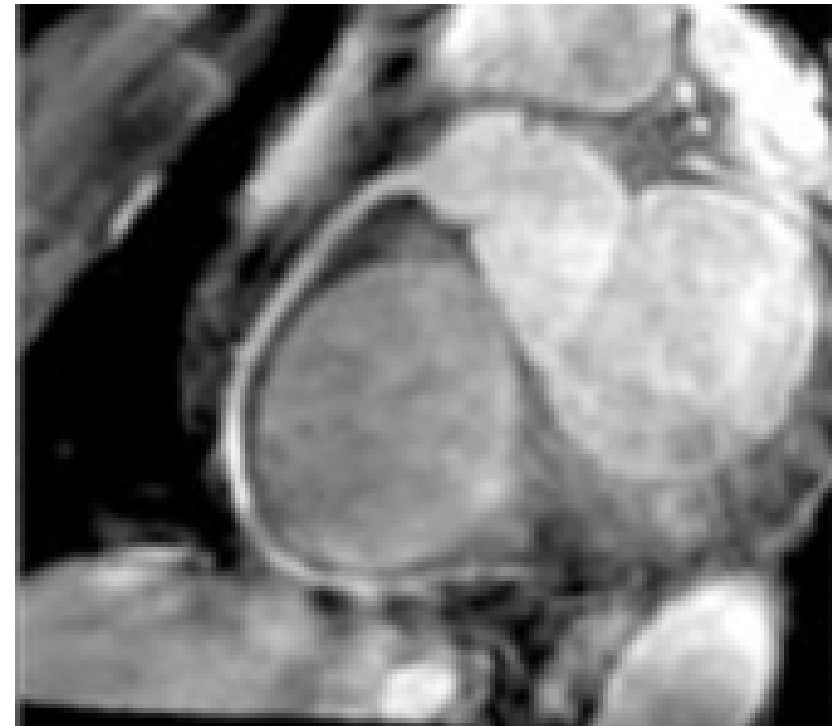
Teknisk muligt

SSFP-sekvenser  
CE-MRA

Respiratorisk gating  
EKG gating

Ikke så robust metode som CTA

Pædiatriske undersøgelser



Højre coronar-arterie fremstillet ved non-kontrast MRA (bSSFP)

# Non-kontrast MRA-teknikker

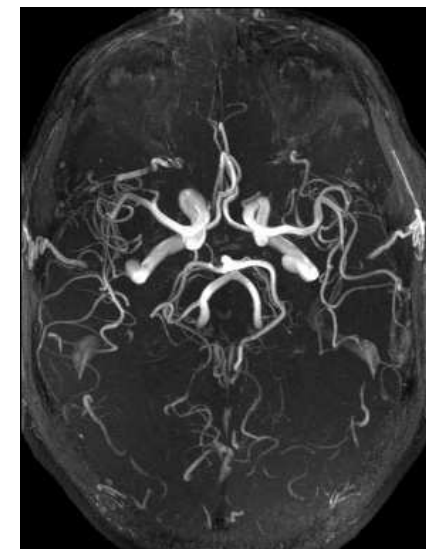
## Nyere

- Subtraktion
- bSSP-baseret MRA



## Konventionelle

- TOF
- Phase-contrast



# TOF-MRA

## Princip

Gradient echo sekvens

Baggrunden satureres pga. kort TR

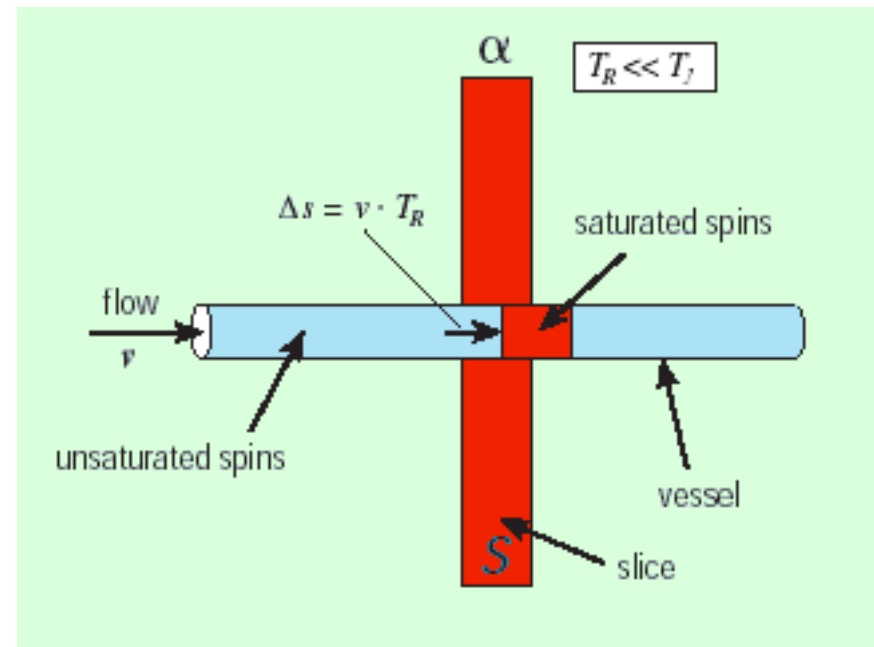
Inflow af blod  $\rightarrow$  højt signal

## Begrænsninger

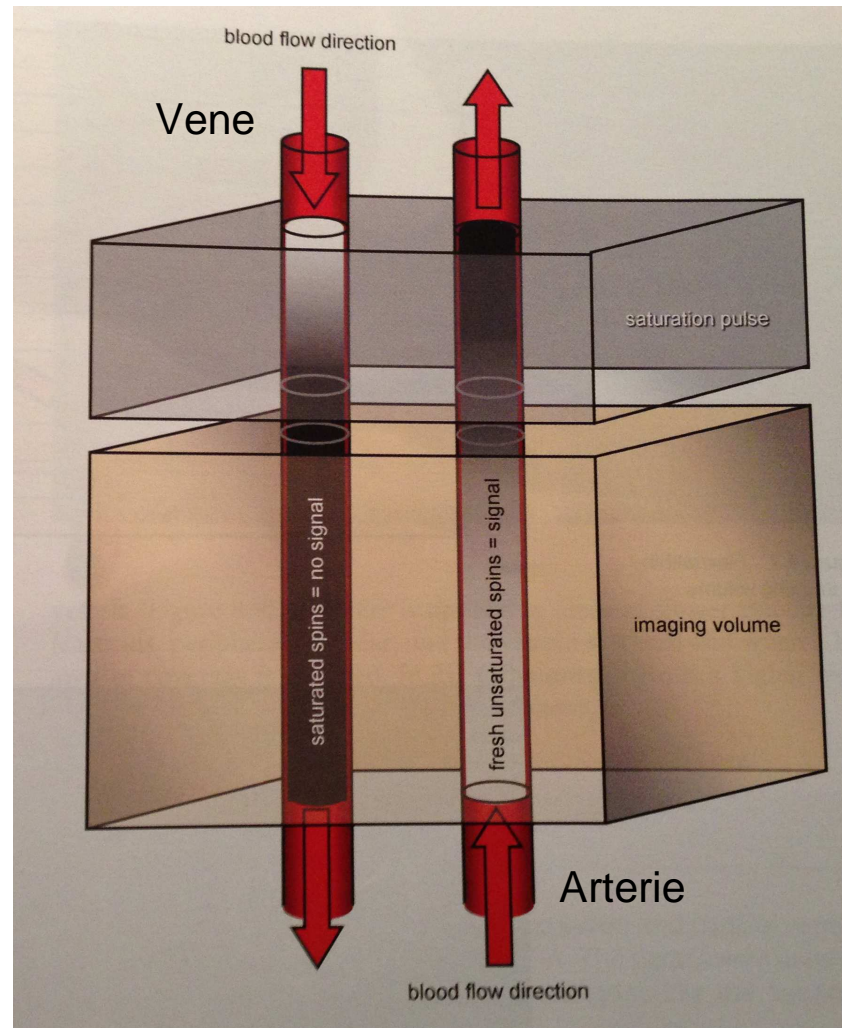
In-plane saturation

Turbulent flow  $\rightarrow$  overgradering af stenoser

3D TOF-MRA har lang skan-tid (5-10 min)

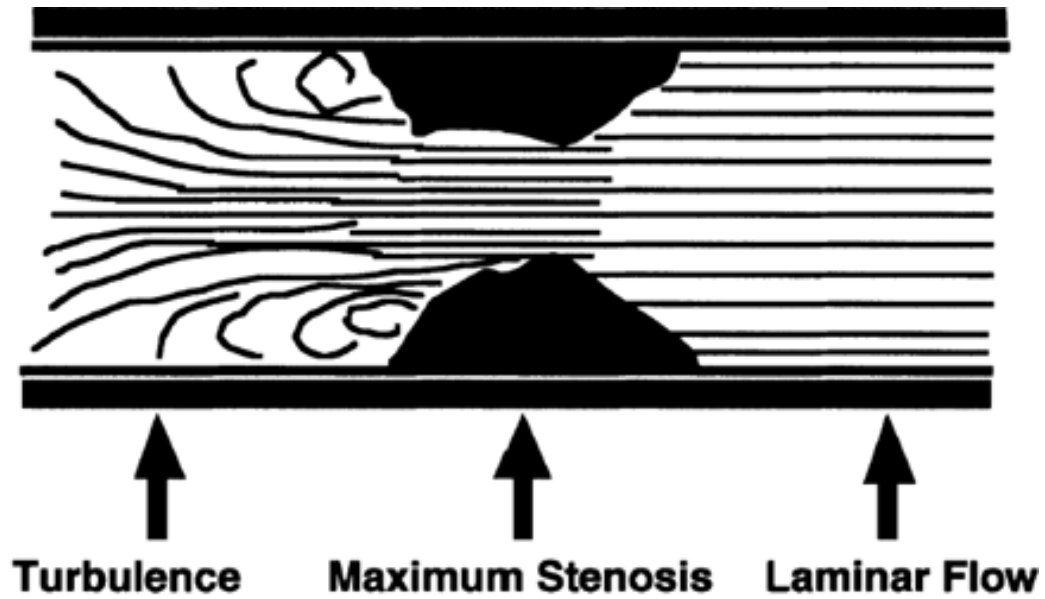


# TOF-MRA



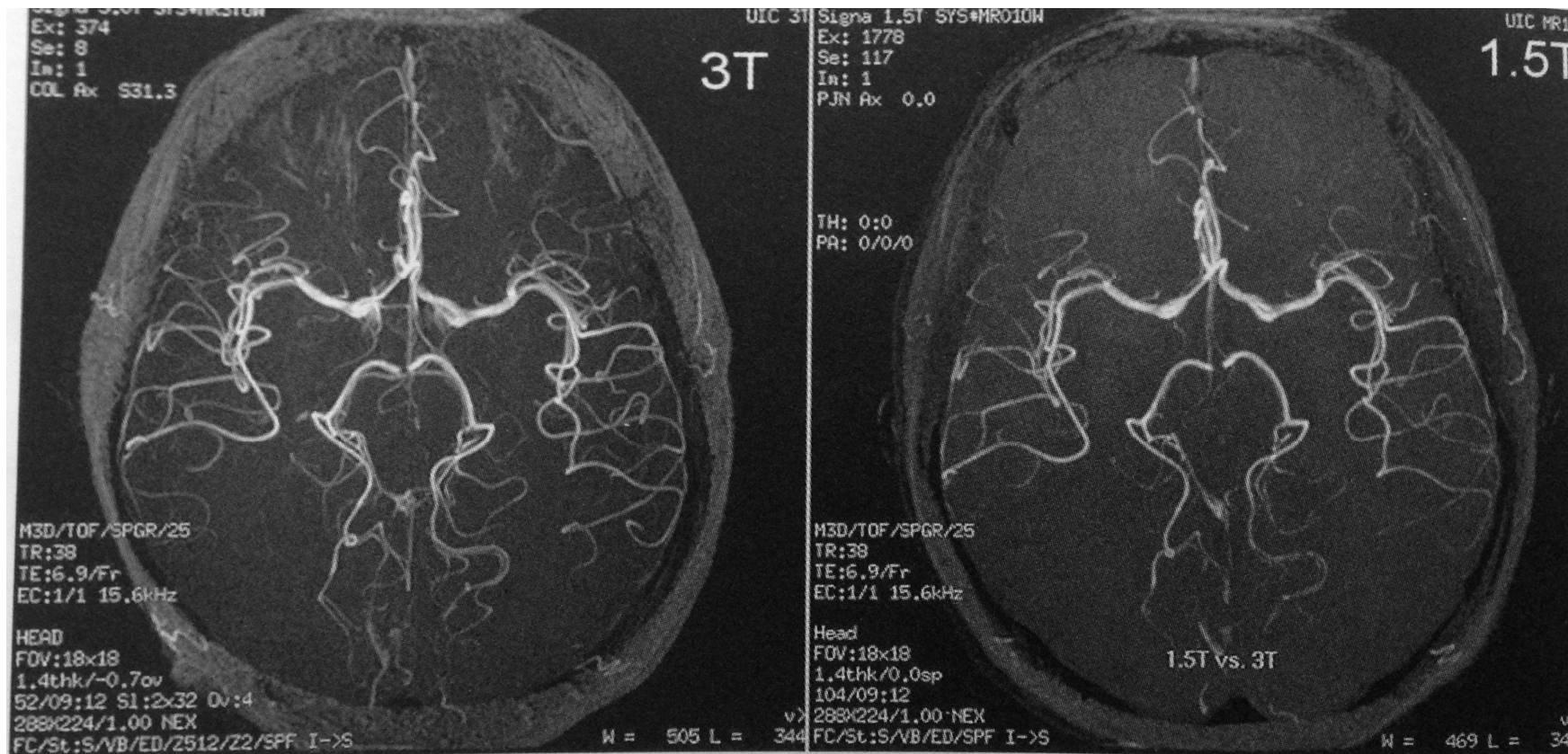
# TOF-MRA

Over-estimating of stenosis



# TOF-MRA

Intrakraniell 3D TOF-MRA er hyppigste anvendte MRA-teknik



# Non-kontrast MRA-teknikker

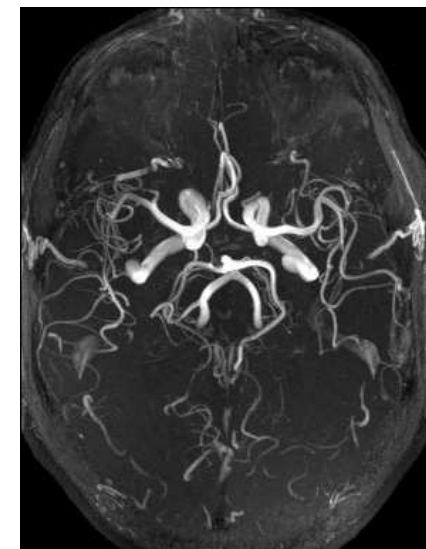
## Nyere

- Subtraktion
- bSSP-baseret MRA



## Konventionelle

- TOF
- Phase-contrast



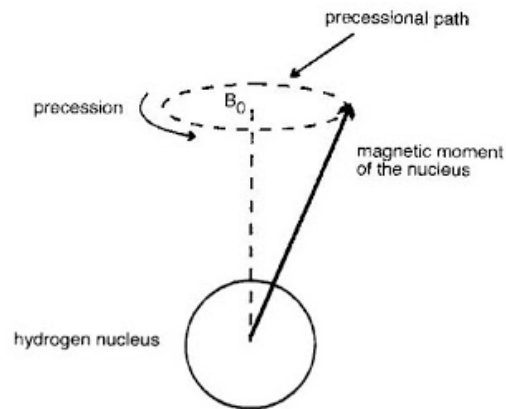


# Phase-contrast MRA

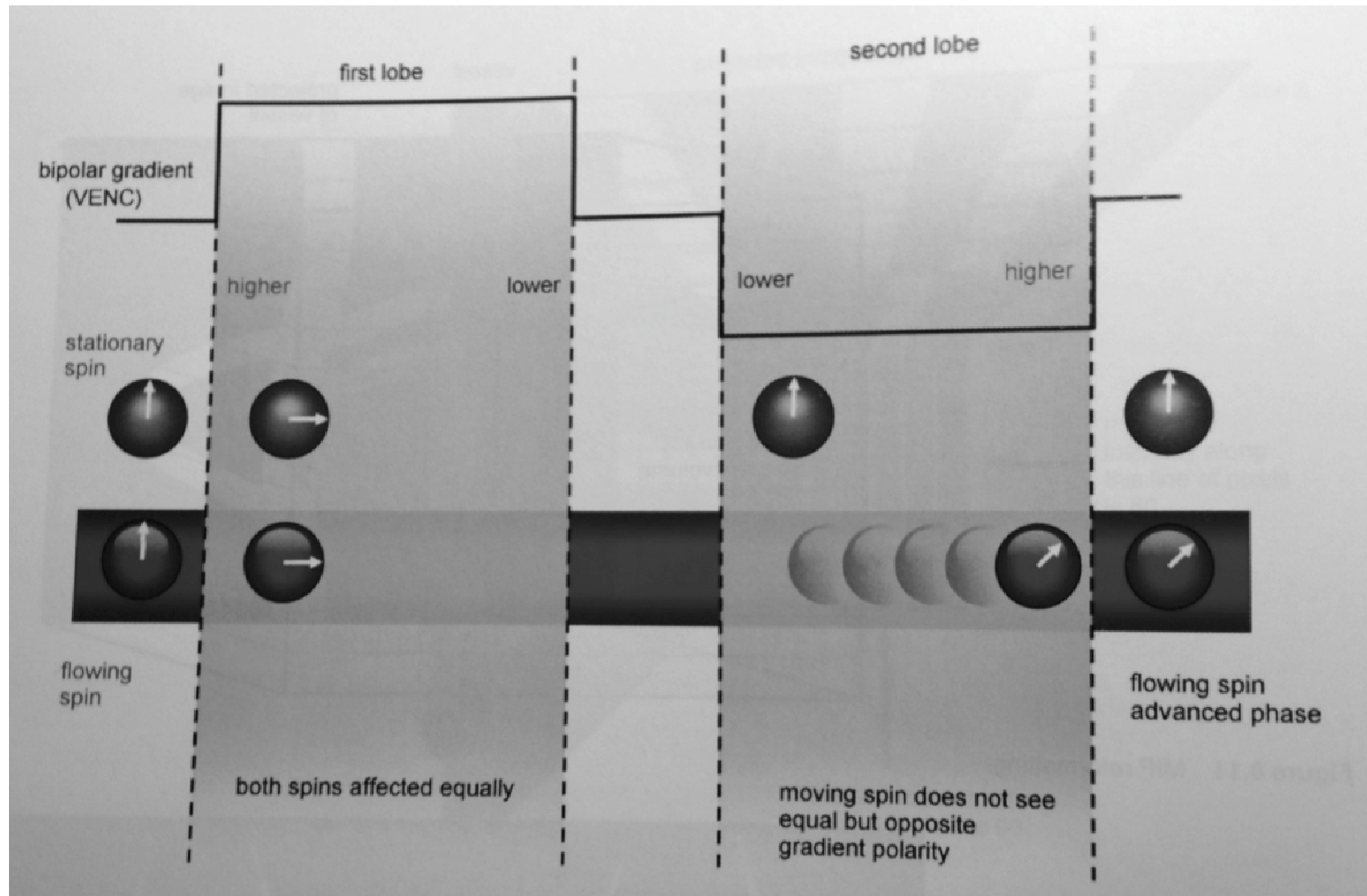
## Princip

Fase-skift i protoner induceres med gradient

Bipolar gradient → stationære protoner ændrer ikke fase  
→ protoner i kar ændrer fase pga. flow



# Phase-contrast MRA



# Phase-contrast MRA

## Flow-hastighedsmålinger

Fase-skiftet proportional med flow-hastighed

## Phase-contrast MRA

Lang scantid

Bevægeartefakter

Få kliniske anvendelser



Internal Medicine 2004;43:400-403

# Non-contrast MRA

	EKG-gated FSE MRA	Tagging MRA	QISS
Philips	TRANCE	bTRANCE	n/a
Siemens	Native SPACE	Native trueFISP	QISS
Toshiba	FBI	time-SLIP	n/a
GE	3D delta Flow	Inflow-IR	n/a

# Opsummering

## Non-kontrast MRA

- Mange nye metoder under udvikling
- Betydelig forskningsaktivitet
- Teknisk krævende undersøgelser – optimering nødvendig
- Få studier hos patienter med kritisk iskæmi
- TOF-MRA er den hyppigst anvendte MRA-teknik
- Phase-contrast MRA – effektiv til flowmålinger